

The Great Get Together & The Big Iftar

SUNDAY 18TH JUNE 8:30PM-10:30PM

**FOSTER HALL, WELLESLEY ROAD, WALTHAMSTOW,
E17 8QY**

Queens Boundary Community & St Barnabas Church invite you and your friends to an Iftar. Break bread with your local neighbours and get to know one another. You are encouraged to bring a dish to share (veggie or halal).

Special guest speakers - tbc



The Great Get Together is inspired by Jo Cox, who was killed on 16th June last year. It's an initiative which rejects divisive politics and simply brings communities together and celebrate all that unites us. This event is one of many events taking place from 16th - 18th June 2017 all over the country to commemorate Jo's message of unity. (for more information contact- queensboundary@gmail.com)



What is Ramadan & Iftar?

Ramadan is a month in the Islamic calendar, when Muslims fast from dawn to sunset for thirty days. It is a month of spiritual reflection and personal development.

Ramadan gives Muslims the perfect opportunity to reach out to neighbours and strengthen relationships. There is no better way of breaking barriers than by inviting people to share a meal.

Ramadan 2017 runs from May 27th – June 25th



Food!

Dates, fruit and water are standard at the breaking of the fast and a light meal after prayers.



Timing!

Sunset is the time Muslims will break their fast. In London, for example, that is around 21.20 on 17th/18th June.



Prayer!

There will be a group prayer, which will take 5-10 minutes and just needs to be in a clean place with a person leading, the Muslims present will work this out amongst themselves. A sheet or clean mat on the floor works well. 'Prayer mats' are not necessary, attendees may bring their own.



Common phrases in Ramadan

- Allah - God
- Allahu Akbar - God is Great.
- As-salamu Alaikum - A common Muslim greeting meaning peace be upon you.
- Bism'ellah : In the name of God
- Ramadan Kareem - Happy Ramadan

What is the Big Iftar?

It is a community-led initiative that enable people from diverse backgrounds to meet and enjoy traditional and delicious food in an atmosphere of friendship.

Iftar is the special daily meal at the end of each day when fasting finishes. Each country and culture has its own special traditions during Ramadan and Britain's varied and diverse Muslim communities very much reflect that.

Can Anyone be involved?

Yes! Whether you are a Muslim, someone from another faith or of no faith you are welcome to participate. Whether you are an individual, an organisation, a youth group, a teacher or someone representing a place of worship – you can join in any event or organise your own Great Get Together event.